

Communication: Verbal vs Nonverbal

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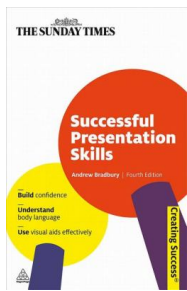
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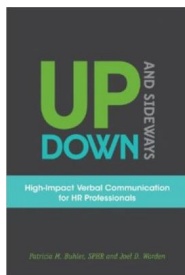
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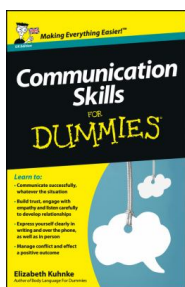
Verbal Communication



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Up, down, and Sideways by Patricia M. Buhler; Joel D. Worden
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Communication Skills for Dummies by Elizabeth Kuhnke
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Types of Communication

Verbal vs. Nonverbal Communication

There are many ways to communicate with people. The two main ways are verbal and nonverbal communication.

Verbal Communication

Verbal communication is the use of words to convey a message. Some forms of verbal communication are written and oral communication.

Examples of Written Communication:

- Letters
- Texting
- Emailing

Examples of Oral Communication:

- Face-to-face conversations
- Speech
- Radio

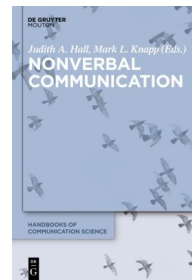
Nonverbal Communication

Nonverbal communication is the use of body language to convey a message. One main form of nonverbal communication is body language.

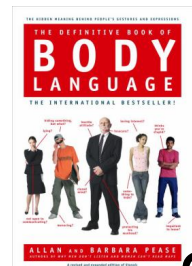
Examples of Body Language:

- Covering mouth (gesture used to hide a smile or frown)
- Head nod (agreement)
- Finger tapping (impatient or tired of waiting)
- Arms crossed over chest (gesture indicating defensiveness or stress)

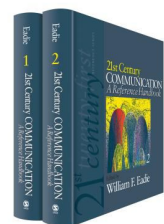
Non-Verbal Communication



Nonverbal Communication by Judith A. Hall (Editor); Mark L. Knapp (Editor)
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The Definitive Book of Body Language by Barbara Pease; Allan Pease
Call Number: BF 637.N66 P43



21st Century Communication by William F. Eadie (Editor)
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