

1.55 m² BMI : 24.24 Kg/m²

Examination :

Pulse regular
No pedal edema

Diagnosis

Rheumatic heart disease, Moderately severe Mitral stenosis, Mild Mitral regurgitation
NYHA, class - II

Medications :

#	Name	Dosage	Frequency	Route	Duration	Remarks
1	LASIX 40mg tab. Furosemide (40mg)	1 Tab	Once daily morning	Oral	Till Review	
2	ALDACTONE 25mg tab. Spironolactone (25mg)	1 Tab	Once daily noon	Oral	Till Review	
3	PENTIDS 400mg tab. Penicillin-G (400,000IU)	1 Tab	Twice daily	Oral	Till Review	

Recommendations / Advice :

To continue medical follow up

Low fat, low salt, diet

Review after 4 months with reports.

CBC, ESR, Urea, Creatinine, FBS, , Fasting lipid profile, SGOT, SGPT, Potassium, Sodium, TSH, Uric acid.

ECG, Echo

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