## ALL INDIA INSTITUTE OF SPEECH AND HEARING, MYSORE: 570 006

**DEPARTMENT OF CLINICAL PSYCHOLOGY**

10.11.2016

Submitted to Director:

The soft copy of the monthly report of the Department of Clinical Psychology covering the period of October, 2016, is hereby sent to [director@aiishmysore.in](mailto:director@aiishmysore.in) and [monthlyreports@aiishmysore.in](mailto:monthlyreports@aiishmysore.in).

H.O.D

Clinical Psychology

###### DEPARTMENT OF CLINICAL PSYCHOLOGY

MONTHLY REPORT, OCTOBER, 2016

**STAFF**

|  |  |
| --- | --- |
| Dr. S. Venkatesan | * Professor & HOD * Vigilance Officer, AIISH * Member, Learning Disability Unit |
| Mr. Freddy Antony | Lecturer  * Central Public Information Officer (CPIO)- AIISH * Coordinator DHLS, Lucknow * Member- Library Committee. * Member-Unit for Motor Speech Disorder. * Member- Anti Raging Committee * Student Counselor |
| Dr. Amrita Kanchan | LecturerStudent Counselor |
| Mr. Sanjeev Kumar Gupta | * Clinical Psychologist * Member- Subject Expert Committee of Product Development Cell |
| Dr. Kalyan Kumar | * Clinical Assistant |
| Mr. H.H. Raju | * Clinical Assistant |
| Dr. P. Purusotham | * Research Assistant * Hindi Nodal Officer * Assists Academic Coordinator |
| Mr. Yashodhara Kumar G.Y | * Clinical Psychologist Grade II * ISO Internal Auditor |
| Mr. Shyam H.R | * Clinical Psychologist Grade-II |
| Mr. V. Hariharan | Lecturer (Contract)  * In-charge, Staff Enrichment Program |
| Mr. L. Lokesh | * Clinical Psychologist Grade – II (Contract) |
| Ms. Deepa S M | * Research Officer (ARF Project) Joined on 17.06.2016 |
| Ms. R. Manjula | * Clerk-cum-Typist – Half day (Forenoon) |
| Mr. Mahesh | * Attender (House Keeping) |
| Mr. Raju | * Office boy ( House Keeping) |

**ACADEMIC PROGRAMS & ACTIVITIES**

# REGULAR ACADEMIC PROGRAMMES: THEORY CLASSES:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Sl. No. | Theory Classes | Hours spent by Faculties | | | |
| Dr. S.V. | Mr. FA | Dr AK | Mr. HH |
| 1 | DECSE | - | - | - | 08 |
| 2 | B.ASLP | - | 11 | 11 | - |
| 3 | B.S.Ed.(HI) | - | 11 | 14 | 13 |

# REGULAR ACADEMIC PROGRAMMES: PRACTICAL CLASSES

|  |  |  |
| --- | --- | --- |
| Sl. No. | Classes | Hours spent by Faculties |
| HH |
| 1. | DECSE | 08 |

1. **SHORT TERM TRAINING PROGRAMMES:** NI**L**
2. **DEPARTMENTAL STAFF ENRICHMENT PROGRAM:** NIL
3. **ACADEMIC PRESENTATIONS (Interns):** NIL

**DIAGNOSTICS & INTERVENTION ACTIVITIES**

1. **DIAGNOSTICS**

**1.01 Number of cases evaluated**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Sl. No. | Activities | Number of Cases | | | |
| Mr. Freddy | Dr. Amrita | Mr. Hariharan | Mr. Sanjeev |
| 1 | Diagnostic Evaluation (OPD) | 108 | 89 | 101 | 214 |
|  |  |  |  |  |  |

**1.02 Details of the diagnostic activities carried out by the staff**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Sl. No. | Activities | Dr. KK | Mr. HHR | Dr. PP | Mr. YK | Mr. SKG | Mr. HRS | Mr. LL |
|  | Case History Taken | 169 | 124 | 54 | 56 | - | 27 | 82 |
|  | Detailed Psychological Assessment | - | 04 | 10 | 31 | 04 | 30 | 32 |

**1.03 Individual Cases Management by Dr S Venkatesan:**

|  |  |
| --- | --- |
| Clinical Assessments for Diagnostic formulation, Therapeutic Counseling & Home based interventions | 127 |

**2.0 DISTRIBUTION OF CASES (OPD ) New & Old Cases**

|  |  |  |
| --- | --- | --- |
| SL. No. | Type of cases | Number of cases |
| 1 | New cases | 424 |
| 2 | Old cases | 88 |
| **Total** | | **512** |

**3.0 DISTRIBUTION OF CASES (OPD)Language wise**

|  |  |  |
| --- | --- | --- |
| SL. No. | Type of cases | Number of cases |
| 1 | Hindi | 12 |
| 2 | Kannada | 408 |
| 3 | Other languages | 92 |

**4.0 DISTRIBUTION OF CASES (OPD) Diagnosis wise distribution**

|  |  |  |
| --- | --- | --- |
| Classification of disorders according to the criteria included in Chapter V (F) of ICD-10 | | |
| F 70# | Mental retardation | 117 |
| F 80.0 | Specific speech articulation disorder | 23 |
| F 80.1 | **Expressive language disorder** | 39 |
| F 80.2 | **Receptive language disorder** | 21 |
| F 88# | **Other disorders of psychological development** | 27 |
| F81# | **Specific developmental disorders of scholastic skills** | 103 |
| F 84# | **Pervasive developmental disorders** | 03 |
| F 98.5 | **Stuttering [stammering]** | 40 |
| F 44.4 | **Dissociative motor disorders** | 0 |
| F00-F99 | Other disorders included in Chapter V (F) of ICD-10 | 24 |
| *The code # refers to "condensed" codes (Ref ICD-IO PC )*  Classification according to the criteria included in Chapter XVIII (R) of ICD 10 | | |
| R 47.0 | Dysphasia and aphasia | 02 |
| R 41.83 | Borderline Intellectual Functioning | 64 |
|  | | |
| Avg. Intelligence with disorders classified elsewhere in ICD | | 49 |
| **TOTAL** | | **512** |

1. **INTERVENTION ACTIVITIES**

**5.1 Number of cases received counseling & therapeutic services (Individual based)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Sl. No. | Activities | Number of cases | | | |
| Mr. Freddy | Mr. Hariharan | Mr. Snajeev | Mr. Yashodhara |
| 1. | Behavior Therapy/ Modification | 14 | 01 | 02 | 01 |
| 2. | No. of sessions | 36 | 03 | 03 | 03 |

**5.2 No. of cases who received home based/skill training:**

|  |  |  |
| --- | --- | --- |
| Sl. No. | Activities | Number of cases |
| Mr. Sanjeev |
| 1. | Home based/Skill training | 02 |
| 2. | No. of Sessions | 03 |

**5.3 No. of cases who received LD remedial teaching: NIL**

**5.4 Number of cases received Cognitive Behavior Therapeutic services (Individual based): NIL**

**5.5 No. of cases who received Voice Therapy:** NIL

**6.0 Parent Counseling**

|  |  |  |
| --- | --- | --- |
| Sl. No. | Activities | Number of cases |
| 1. | Brief Diagnostic counseling | 512 |

**7.0 Benefits and concessions**

|  |  |  |
| --- | --- | --- |
|  | **Types of benefits and concessions** | **Number of Cases** |
| 1 | MR Certificates issued for individuals with Mental Retardation | 53 |
| 2 | Railway concession certificates | 07 |
| 3 | IT exemption | 01 |
| 4 | Below Average Intelligence Slow-learner with Academic Delay & Learning Difficulty | 21 |
| 5 | Average Intelligence-Academic Delay (at risk for Learning Disability)” | 16 |
| 6 | Certificate issued for the individuals with Learning disabilities. | 27 |
| 7 | Mild Mental Retardation | 05 |
| 8 | Moderate Mental Retardation | 04 |
| 9 | Others | 13 |
| **Total** | | **147** |

1. **Staff participation in the camp: NIL**
2. **CENTER FOR NEUROPSYCHOLOGICAL RESEARCH & REHABILITATION:**

**Number of cases and Sessions for neuropsychological assessment and rehabilitation:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Sl. No.** | **Activities** | **Number of cases/sessions** |  |
| Mr. Sanjeev Kumar Gupta | Mr. Yashodhara Kumar GY | |
| 1. | Neuropsychological Assessment | - | 01 | |
|  | No. of Sessions | - | 11 | |
| 2. | Neuropsychological rehabilitation | 01 | - | |
|  | No. of Sessions | 03 | - | |
| 3. | Home based neuropsychological rehabilitation | - | - | |
|  | No. of Sessions | - | - | |

# RESEARCH ACTIVITIES

* 1. **ON GOING** **ARF** **PROJECTS: 01 no.**

|  |  |
| --- | --- |
| **1. Particulars** | **Remarks** |
| Title | “Disability Evaluation in Mental Retardation: An Evaluation using WHODAS 2.0 In A Clinical Setting” |
| Chief Investigator  Co-investigator | Freddy Antony  Sanjeev Kumar Gupta |
| Source of Funds | AIISH Research Fund, AIISH, Mysuru |
| Amount | 3.5 Lakh |
| Duration | 12 months |
| Present Status | Data compilation done – 13 cases  Review of literature -07 |

|  |  |
| --- | --- |
| 2. Title of the Project | Toys & Children with Developmental Disabilities |
| Principal Investigator | Prof. S. Venkatesan |
| Co-investigator Investigator | Mr. G.Y. Yashodhara Kumar |
| Fund | AIISH Research Fund |
| Status | Completed |
| Work done:   * Data compilation in process | |

* **Papers Published:** 
  + - Kanchan, A., Ranjan A.R., Kan N.A & Jahan M (2016). Neuropsychological rehabilitation of patients with traumatic brain injury. Acta Neuropsychologica, 14(3), 213-230
* **Paper Presentation: NIL**
* **Book Chapter:**
* Prepared course ware and self learning materials for III Semester M.Sc. Psychology (English Medium) covering EIGHT units allotted to me under BLOCK 1&2 for the COURSE covering C13: PSYCHOTHERAPY being submitted through e-mail to the Chairperson, DOS in Psychology, KSOU, Mysore, on 10.1.2016, as per the following table:

|  |  |  |  |
| --- | --- | --- | --- |
| ***Course*** | ***Block*** | ***Unit*** | ***Pages*** |
| *III Semester: M. Sc. Psychology; C13: Psychotherapy* | *Block I: Introduction to Psychotherapy* | *Unit 1: Definition, Goals, Nature & Procedure, Counseling & Psychotherapy, Characteristics & Personal Traits, Applications* | *10* |
| *III Semester: M. Sc. Psychology; C13: Psychotherapy* | *Block I: Introduction to Psychotherapy* | *Unit 2:Ethics & Training, Ethical Considerations, Confidentiality, Informed Consent, Ethical Neutrality,  Non-Judgmental Attitude, Law & Psychotherapy, Supervision & Training, Therapeutic Competence, Qualifications, Special Issues & Considerations* | *10* |
| *III Semester: M. Sc. Psychology; C13: Psychotherapy* | *Block I: Introduction to Psychotherapy* | *Unit 3: Therapeutic Relationship, Principles & Problems, Need & Importance, Process of Establishing Relationships, Purpose, Drawbacks* | *9* |
| *III Semester: M. Sc. Psychology; C13: Psychotherapy* | *Block I: Introduction to Psychotherapy* | *Unit 4:Indian Perspective, Indian Scene, Contrasting Euro-American Perspectives on Psychotherapy, Concept of Holistic Health, Psychotherapeutic Outlines in Ancient Indian Thought, Buddhism & Bhagvad-Gita* | *14* |
| *III Semester: M. Sc. Psychology; C13: Psychotherapy* | *Block II: Types of Psychotherapy* | *Unit 5: Supportive Therapies: Meaning, Purpose, Applications & Limitations, Some Illustrative Types; Guidance, Tension Control & Release, Environmental Manipulation, Milieu Therapy, Socio-therapy, Externalization of Interests, Reassurance, Prestige Suggestion, Pressure & Coercion, Persuasion, Confession & Ventilation.* | *15* |
| *III Semester: M. Sc. Psychology; C13: Psychotherapy* | *Block II: Types of Psychotherapy* | *Unit 6:Re-educative & Re-constructive Therapies, Purpose, Applications & Limitations, Some Illustrative Types, Constraints* | *21* |
| *III Semester: M. Sc. Psychology; C13: Psychotherapy* | *Block II: Types of Psychotherapy* | *Unit 7: Special Therapies, Meaning, Purpose, Applications & Limitations, Some Illustrative Types; Based on Play, Art, Music, Dance & Sports, Creative Therapies, Story Telling, Die Based Therapies, Sensory Therapies, Animal Assisted Therapies, Aroma Therapy, Auditory Integration, Touch Therapy, Laughter Therapy, Movement Therapy, Alternative Systems of Medicine (Any 5)* | *13* |
| *III Semester: M. Sc. Psychology; C13: Psychotherapy* | *Block II: Types of Psychotherapy* | *Unit 8:Group Therapies: Meaning, Purpose, Applications & Limitations, Therapeutic Principles, Some Illustrative Types, Activity Group, Directive-Didactive Group, Client Centered Group, Conjoint Marital Therapy.* | *10* |

* **Research Project Proposal: NIL**
* **Newly Initiated Project: NIL**
* **PhD under Dr. S. Venkatesan:**

|  |  |  |  |
| --- | --- | --- | --- |
| Sl. No. | Name of the Research Scholars | Topic of Dissertation | Status |
| 1. | Mr. Sanjeev Kumar Gupta | Individualized training on executive functions in children with Learning Disability: A pre-post comparative intervention study. | Awarded |
| 2. | Mr. Freddy Antony | Maternal discipline techniques for problem behaviours among children (age 2-5) with intellectual disabilities | On going |
| 3. | Mr. Shyam HR | Not finalized | On going |

**ADDITIONAL ADMINISTRATIVE ACTIVITIES**

# Additional/other Duties and Responsibilities of other Departmental Staff

**Dr. S. Venkatesan:**

* Auditee for the 7th ISO Internal Audit on 28.10.16
* Attended Departmental Peer Evaluation meeting

**Mr. Freddy Antony**

* Attended Annual DHLS Coordinators Meet, 17.10.2016
* Member Secretary, Accommodation Committee, Annual DHLS Coordinators Meet on 17.10.2015
* Attended as Judge for the “24th Regional Level National Children Science Congress 2016” organized by the Kendriya Vidya;aya, Siddarthanagar, Mysore on 24.10.2016
* Attended Departmental Peer Evaluation meeting

**Dr. Amrita Kanchan**

* Attended as Judge for the “24th Regional Level National Children Science Congress 2016” organized by the Kendriya Vidya;aya, Siddarthanagar, Mysore on 24.10.2016
* Attended departmental peer evaluation meeting
* Spoke pledge in Hindi on 31st November, 2016 on Vigilance Awareness Week
* Attended ISO Department Internal Audit on 28.10.2016

**Mr. Sanjeev Kumar Gupta**

* Attended **“2nd National Conference** **on Clinical Aphasiology”** heldon 1st  to2nd of October 2016, organized by the Department of Speech-Language Pathology, AIISH, Mysuru.
* Thesis on **“Individualized Training on Executive Functions for Children with Learning Disability: A Pre-Post Comparative Intervention Study”** has been accepted for the award of **Ph.D. Degree in Psychology** by the **University of Mysore**, Mysuru.

**Mr. Yashodhara Kumar G.Y**

* Nominated as Internal Auditor for Engineering Section

**GENERATION OF INCOME FROM THE DEPARTMENT**

|  |  |  |
| --- | --- | --- |
| **Sl. No.** | **Nature of Activity** | **Amount in Rs.** |
| 1 | Certificates | 4750 |
| 2 | Toy Kit | 750 |
| **Total** | | **5500** |

**VISITORS: NIL**

**RESEARCH CONSULTATION: NIL**

**STUDENT COUNSELING ACTIVITIES: NIL**

**Drawbacks:**

* 1. Due to the half day postings of clerk-cum-typist, most of the assigned official reports could not be submitted in time. Hence, it is requested to permit for full day postings of clerk-cum-typist (Ms. R. Manjula)

HOD – Clinical Psychology