**EXTRACURRICULAR ACTIVITIES**

The extracurricular activities at the Institute are carried out under the aegis of AIISH Gymkhana and National Service Scheme (NSS) Units.

**AIISH GYMKHANA**

Gymkhana is a platform to promote extracurricular activities of the Institute students, staff and their family members. Gymkhana functions with an elected body represented by the students and staff. Owing to the pandemic restrictions, the Gymkhana avoided most of its activities during the year 2021-22, except the ones mentioned below conducted by following the covid-19 protocols.

**Talents Day:** Talents Day for children of staff was organized on 11th June 2021 through virtual mode for children of staff and faculty members of AIISH Gymkhana.

**Independence Day:** The 75th Independence Day was celebrated at the Institute on 15th August 2021. Col A.M. Ramachandra (Retd), Ex-army serviceman, was the Chief Guest of the function and Dr. M. Pushpavathi, Director, AIISH hoisted the flag and spoke on the occasion.

**Teachers Day:** Celebration was organized on 8th September 2021 through virtual mode for thanking the staff and faculty members.

**Kannada Rajyotsava:** Celebration was organized from 1-3rd November 2021 with various competitions for staff and students of AIISH.

**Republic Day Celebration:** The Republic day was celebrated on 26th January 2022.

**Women's Day 2021:** International Women's Day was celebrated on 8th March 2022.

**Farewell and Felicitation:** The AIISH Gymkhana felicitated the superannuated and the employees who resigned from the Institute service during the year 2021-22. The employees felicitated were: Dr. Venkatesan, S., Professor of Clinical Psychology, Dr. Rajalakshmi, K., Professor of Audiology, Ms. Shanthi, R., Upper Division Clerk, Shri. Raju, V., Multi-Tasking Staff, Shri. Shivaprakash, P., Assistant Gr-II, Ms. Nagalakshmi, Executive Assistant Gr. II.

**International Mother Language Day**: The International Mother Language Day 2021 was celebrated on 21st March 2022.

**NSS UNITS**

**Art Workshop**: The NSS Units of the Institute and AIISH Gymkhana jointly organized an Art Workshop for the volunteers on 28th March 2021. 'Importance of Hearing' and 'Causes of hearing loss'were the themes of the programme. Mr. Niranjan and Mr. Prasanna of the Chamaraja Academy of Visual Arts (CAVA), Mysuru were the resource persons for the workshop. Around sixty NSS volunteers participated.

**Attending workshop and training programme**: Five NSS volunteers participated in the One-day Workshop on 'Gandhian Thoughts and Philosophy in Building Addiction-Free Society,' organized bythe Phoenix International Academy, Mysuru on 6th March 2021. Dr. R Rajasudhakar, Programme Officer, NSS Unit-1, attended a seven-day training program organized by the NSS Empanelled Training institution for Karnataka, University of Mysore, at NSS Bhavan, Saraswathipuram, Mysuru, from 8th to 14th March 2021.