**Extracurricular Activities**

The extracurricular activities at the Institute are carried out under the aegis of AIISH Gymkhana and National Service Scheme (NSS) Units.

**AIISH GYMKHANA**

Gymkhana is a platform to promote extracurricular activities of the Institute students, staff and their family members. Gymkhana functions with an elected body represented by the students and staff. Owing to the pandemic restrictions, the Gymkhana avoided most of its activities during the year 2020-21, except the ones mentioned below conducted by following the covid-19 protocols.

**Independence Day:** The 74th Independence Day was celebrated at the Institute on 15th August 2020. Mr. Mallikarjunaiah, Y.S., Security Officer, AIISH, and the Indian Airforce Sergeant (Rtd), was the Chief Guest of the function and Dr. M. Pushpavathi, Director, AIISH hoisted the flag and spoke on the occasion.

**Annual General Body Meeting**: The annual general body meeting of the Gymkhana was held on 15th September 2020 and new office bearers were nominated by Dr. M. Pushpavathi, Director, AIISH and the President (Ex-officio), AIISH Gymkhana. The new members were: Dr. Jayashree C Shanbal, Associate Prof. in Lang. Pathology (Vice-President), Dr. Kadambari Naniwadekar, Special Educator (Joint Secretary), Mr. Jasvinder, Assistant Grade III (Treasurer), Mr. Ashiq A Rahman, I M.Sc. Audiology student (General Secretary), Ms. Prakruthi V Jagatap, 1st M.Sc. SLP student (Cultural Secretary), Mr. Gurunathan S, Assistant Grade II (Sports Secretary), Mr. Ritwik Jargar, 1st M.Sc. Audiology student (Joint Sports Secretary), Dr. Geetha C, Reader in Audiology (Group A representative), Ms. Prathima S, SLP Gr. II (Group B representative), Ms. Ranjitha R N, Assistant Gr. III (Group C representative) and Smt. Tulasamma,Multi-tasking staff (Group D representative).

**Republic Day Celebration:** The Republic day was celebrated on 26th January 2021. Dr. R Nagabhushan, Assistant Professor, Department of Economics, Government First Grade College, Mysuru, and the Indian Airforce Sergeant (Rtd) was the chief guest. Dr. M. Pushpavathi, Director, AIISH hoisted the flag and spoke on the occasion. . The special children of the AIISH Pre-school presented cultural programmes highlighting the precautions during pandemic and the role of the youth towards abiding by the Constitution of India.

**Women's Day 2021:** International Women's Day was celebrated on 8th March 2021. A special invited talk on the Importance of Nutrition in Women's Health by Prof. Asna Urooj, University of Mysore, Mysuru was organized to mark the event.

**Farewell and Felicitation:** The AIISH Gymkhana felicitated the superannuated and the employees who resigned from the Institute service during the year 2020-21. The programmes were conducted by adhering to the covid-19 protocols. The employees felicitated were: Prof. Asha Yathiraj, Professor in Audiology, Sri. Srinivas S.R., Electronic Engineer, Sri. M.B. Sadanandamurthy, Electrician, Sri. K. Srinivasa, Multi-tasking Staff, Smt. Parimala N., Assistant Registrar, Sri. Y.S. Mallikarjunaiah, Security Officer, Mr. Niraj Kumar Shaw, Hindi Translator, and Smt. Swathi G., Executive Asst. Grade-II.

**International Mother Language Day**: The International Mother Language Day 2021 was celebrated on 21st March 2021. An essay writing competition in one's mother tongue was organized for the Institute staff and students as a part of the event on the topic Fostering multilingualism for inclusion in education and society.

**Visit of Shri Hamsalekha**: Shri. Gangaraju, popularly known by his stage name Hamsalekha, the Indian film composer and songwriter predominantly in the Kannada film industry, visited the Institute and interacted with children with autism on 25th March 2021 as a prelude to World Autism Awareness Month observed every year in April. He opined that children with autism are unique and deserve the empathy of others to make them feel that they are one amongst us.

**NSS UNITS**

**Art Workshop**: The NSS Units of the Institute and AIISH Gymkhana jointly organized an Art Workshop for the volunteers on 28th March 2021. 'Importance of Hearing' and 'Causes of hearing loss' were the themes of the programme. Mr. Niranjan and Mr. Prasanna of the Chamaraja Academy of Visual Arts (CAVA), Mysuru were the resource persons for the workshop. Around sixty NSS volunteers participated.

**Attending workshop and training programme**: Five NSS volunteers participated in the One-day Workshop on 'Gandhian Thoughts and Philosophy in Building Addiction-Free Society,' organized by the Phoenix International Academy, Mysuru, on 6th March 2021. Dr. R Rajasudhakar, Programme Officer, NSS Unit-1, attended a seven-day training program organized by the NSS Empanelled Training institution for Karnataka, University of Mysore, at NSS Bhavan, Saraswathipuram, Mysuru, from 8th to 14th March 2021.