# Can Hearing Loss be Sudden

by Audiology 8

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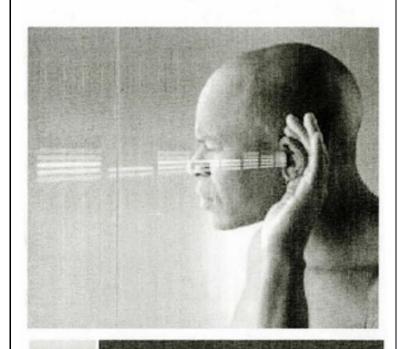
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Can Hearing loss be Sudden???

Yes! It can be ...

All India Institute of Speech and Hearing Manasagangothri, Mysore- 570 006.



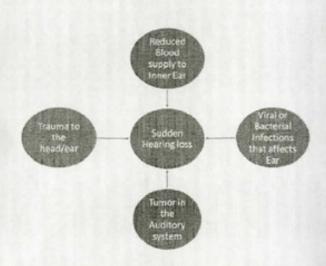


## Sudden Hearing loss

Your hearing which was normal last night may be lost in one ear or both ears as soon as you get up.

Acquired hearing loss usually is gradual, it also be SUDDEN

### WHAT CAUSES SUDDEN HEARING LOSS?



### Risk factors for Sudden Hearing loss:

- Unhealthy diet
- Excessive smoking/ alcohol consumption
- Road traffic accidents
- Excessive stress

## WHAT ARE THE SYMPTOMS OF SUDDEN HEARING LOSS?

The typical symptoms of non-traumatic sudden hearing loss are:

· Reduced hearing in one or both ears



- · Speech sounds distorted
- · Symptoms more in the morning
- · Hearing ringing sound in the ear (Tinnitus)
- · Fullness or blocking sensation in the ear
- Sensation of rotation of head (Vertigo) or Giddiness with balancing problems



 Difficulty understanding speech in group conversations or in background noise



(The symptoms may vary according to the cause of sudden hearing loss.)

# WHAT TO DO WHEN YOU HAVE SUDDEN HEARING LOSS?

 Do not panic. Consult an ENT doctor immediately as early as possible preferably



within 24 hours for evaluation and treatment.

 Get your ears checked regarding the extent of hearing loss from an audiologist.



 Consult a Neurologist who will evaluate you and may recommend Hyperbaric oxygen therapy (HBOT).





# Services offered at Department of Audiology:

- · Hearing Screening
- · Hearing Evaluation
- · Selection of hearing aids
- · Outcome measures of listening devices
- · Listening Training
- · Counseling
- · Issue of the following certificates:
  - o Disability certificates
  - Aided hearing performance

### Services offered for persons with Sudden Hearing loss at our Institute:

- ENT consultation (on regular basis)
- Detailed Audiological services (on regular basis)
- · Neurological consultation (only on Thursdays)

'....Striving for effective communication by one and all..' SUDDEN HEARING LOSS IS A MEDICAL EMERGENCY AND REQUIRES IMMEDIATE ATTENTION

If you have any questions/comments, or need any help, feel free to contact us at:

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### Can Hearing Loss be Sudden

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