**V. EXTRA CURRICULAR ACTIVITIES**

Extra-curricular activities are incorporated into the academic programs keeping in focus, the objectives of the institute. The staff, students and clients participated in such programs, time to time.

1. **AIISH GYMKHANA**

In addition to the professional training, clinical services and research, the Institute has initiated AIISH Gymkhana with the objective of encouraging the staff and students in co-curricular activities such as cultural, sports, literary, art, and other related areas. The AIISH Gymkhana conducts these activities in order to promote and recognize talents in staff and students. In the year 2009-10, the Annual General Body was held on 31.8.2009 and a new elected body started functioning from the month of August 2009.

**The General Body of AIISH Gymkhana**

|  |  |
| --- | --- |
| President | Director |
| Vice-President | Dr. K.S. Prema |
| Joint Secretary | Mr. C.B. Suresh |
| Treasurer | Ms. B.V. Jyothi |
| General Secretary | Mr. Achaiah |
| Sports Secretary | Mr. Narendra (Student) |
| Sports Secretary | Mr. Purushotham (Staff) |
| Cultural Secretary | Ms. Neha Lakshmish |
| Class A Representative | Mr. Ajish Abram |
| Class B Representative | Ms. Preethi Thomas |
| Class C Representative | Mr. H.H. Raju |
| Class D Representative | Mrs. Kalaiselvi |
| All student class representatives | |

**Guest Lecture on ‘Swine Flu’ (H1N1) – 28.08.2009**

A guest lecture on ‘Swine Flu – Care and Precautions’ (H1N1) was conducted on 28.8.2009 at seminar Hall, Academic block. Dr. Nagaraj, Coordinating Officer and H1N1 DHO, Mysore and Ms. Jyothi, Microbiologist DHO, Mysore led the sessions. The Medical team clearly explained about the guidelines issued by the Health Dept. Govt. of India, symptoms of H1N1 Flu, management and precaution etc. Dr. Somasekhar, Nodal Officer for H1N1 Flu was also present in the function.

**Celebration of Teacher’s Day (04.09.2009)**

Teacher’s Day Celebration was organized on 4.9.2009. Dr. V. Basavaraj, Director and President, Prof. K.S.Prema, Vice President, AIISH Gymkhana and HODs, staff and students were present. Director and Senior faculty members spoke and recalled about their student life and their teachers. The bondage between teachers and students and its importance was highlighted. Students also paid tribute to the great teacher and the first President of India Dr. S. Radhakrishnan through their speeches. Fun activities were conducted for teachers during the celebration. Ms. Neha Lakshmish, Cultural Secretary proposed vote of thanks.

**Open Day Celebration (30.10.2009)**

AIISH Open day for the year 2009-10 was held on 30.10.2009 for creating awareness among the public about the services of the Institute. The Open Day was inaugurated by IGP, Mr. A.M Prasad. Former Director of AIISH Dr. N. Rathna addressed the gathering. Guests visited exhibition stalls. A Total of 1639 visitors and 313 children with special needs visited the exhibition.

The Exhibition Committee had arranged stalls for different Departments with the theme ‘Man’s Madness or Nature’s Fury? Communication Disorders-Let us prevent them’ at the Department of Clinical Services and Preschool Building. Publicity was given through media (11 Newspaper, 4 T.V. Channel & Akashvani. Children and teachers from around 50 urban schools within 25 to 30 km radius were invited for the exhibition. Six rural schools were provided with transportation to escort the children.

Cultural Committee and Sports Committee conducted competitions for staff and students. Prizes were distributed in the 54th Kannada Rajyothsava function held on 9.11.2009. Competitions for children with special needs were conducted and events were also held for parents/caregivers. All the participants were given consolation prizes. Snacks and sweets were distributed to children on this occasion.

**Kannada Rajyotsava (9.11.2009)**

54th Kannada Rajyothsava was celebrated on 9.11.2009. Smt. Arathi V.B., Research Translation Scholar, MSP Sanskrit and Sangeetha Vidushi, Bangalore was the Chief Guest. Dr.Y.T. Balakrishnacharya, Reader in Clinical Psychology, SDM College, Ujire, Dakshina Kannada was honored for his contributions in Kannada in the area of disability.

**Invited talk series (13.1.2010)**

AIISH Gymkhana organized monthly talk on ‘Chinese Acupressure, Acupuncture and Reflexology for Health’ on 13.1.2010. Mrs. Veena Ram Mohan, an expert in ‘Art of Living’ and ‘Chinese Acupressure’ was the resource person. This was the first monthly talk series of AIISH Gymkhana. Demonstration of health supplements received attention of the staff and students present.

**Farewell to Sri. Basavalingaiah (26.2.2010)**

Sri. Basavalingaiah, Peon, Dept. of Special Education retired from his service on superannuation, on 26.2.2010. In lieu of this a farewell function was organized on 26.2.2010. Director, Administrative Officer & staff and other faculties/officers spoke during the function and wished Sri. Basavalingaiah a peaceful retired life.

**AIISH Awaaz (26-28.2.2010)**

The intercollegiate cultural festival hosted by the AIISH Gymkhana as an annual feature, AIISH Aawaaz, was conducted from 26-28.2.2010. The fest was a great hit among the youth, indicating the growing popularity of AIISH Aawaaz since its inception. AIISH Aawaaz 2010 turned out to be a huge crowd puller, with over 3000 students attending it.

The inaugural ceremony was held on 26.2.2010, at the AIISH Gymkhana. Dr. Mahesh Joshi, Senior Director, Doordarshan, Bengaluru Kendra, was the Chief Guest. Mr. Vikram Muthanna, Managing Editor, Star of Mysore, was the Guest of Honor. As a part of AIISH Aawaaz 2010, eleven cultural and literary events were conducted. A total of 24 colleges (UG/ PG) and one department from the University of Mysore participated in these events. Apart from these competitions, five games were organized for the students: *Memory Game, Mirchi, Candle, Guess the Sensation,* and a puzzle game. There were four food stalls and one dedication desk that had been put up. A portrait stall was also put up on 28.2.2010.

The Valedictory ceremony was held on 28.2.2010, at the AIISH Gymkhana. The formal ceremony was preceded by a dance performance by the group *Cosmic Invaders,* and a song recital by Ms. Anjali Bhatt. Sri Sunil Agarwal, IPS, Commissioner of Police, Mysore, and Dr. Kushalappa P.A., Registrar, JSS University, were the Chief Guests. Singer Mr. Nithin Rajaram Shastry was the Guest of Honour. There were brief performances by Sri. Sunil Agarwal, IPS, Commissioner of Police, Sri. M. Nithin Rajaram Shastry and Dr. Kushalapa P. A. Cash prizes were awarded to 168 students, who had won in the various competitions conducted. The guests gave away the cash prizes as well as the rolling trophies.

The rolling trophy for best Fashion Show was bagged by JSS Institute of Speech and Hearing, Mysore. All India Institute of Speech and Hearing won the trophy for best Variety Entertainment. The rolling trophy for Best Overall Performance was awarded to JSS Institute of Speech and Hearing. The students of AIISH had waived their eligibility to win the trophy for Best Overall Performance.

**National Science Day (5.3.2010)**

Observation of National Science day was organised at AIISH on 5.3.2010. Mr. Ajish Abraham, Reader & HOD, Electronics addressed the gathering with a presentation about the objectives of observing National Science Day and he talked about the Scholarship of Sir C.V. Raman & ‘Raman Scattering’ also. Chief Guest Dr. Sri Ram, an eminent physicist from Dept. of Theoretical Physics, University of Madras, delivered a lecture on ‘***Traditional Indian Science –Some Reflections’*** which included several topics like Indian astronomy and mathematics, Ayurveda, Music and Technology. Winners of Science Quiz Competition in connection with the National Science Day Celebration were awarded the Prizes during the function. Distinguished guests, faculty members, other staff and students were present for the function.

**International Women’s Day (13.3.2010)**

International Women’s Day celebration was organized at AIISH on 13.3.2010. Dr. H.P. Uma Saraswathi and Ms. N. Parimala presented their papers on ‘Women Empowerment’ and ‘Female Foeticide’, respectively. Director and President, AIISH Gymkhana called for all the women staff and students to be in the forefront of opportunities in their day-to-day life. Mrs. Anita Baldev Raj (staff) and Mrs. Anjum (caregiver) were felicitated. Students also spoke on international women’s day. In connection with celebration of International Women’s Day a couple of competitions were conducted for caregivers of preschool children on 12th March. The winners were awarded prizes at the function.

**Distribution of Loan**

As a part of staff and students’ welfare activity, the members of gymkhana are extended with financial loan facility. During the year 2009-10 three staff members and three student members were issued loan from SSWF of AIISH Gymkhana.

**Talents of AIISH**

The student members of AIISH gymkhana were encouraged to participate in intercollegiate competitions. Students have won medals in sports, cultural and literary competitions.

1. **CO-CURRICULAR CELEBRATION**

As part of the co-curricular activities at the preschool various national and religious festivals were celebrated so that the children gain experiential knowledge about the same. Between April 2009 to March 2010, the following celebrations were organized in this regard:

1. **Ugadi celebrations** were organized on 19.3.2010 and attended by all parents and children. The preschool was decorated with traditional gaiety with picture of Goddess Lakshmi adorning the centre stage. The entire preschool premise was festooned with mango and neem leaves in the traditional mode. The celebrations began with a Pooja and followed by devotional songs sung by the special educators in Kannada, Hindi and Malayalam. Traditional Prasad of jaggery, tamarind, neem and mangoes were distributed to all present. Special Educator Ms. Shobha B. N. coordinated the program.
2. **Vishu Celebrations** was organized on 9.4.2009. For the occasion, the preschool was decorated with Lord Krishna’s idol and the traditional items of ‘Vishukkani’. The celebration involved pooja. This was followed by devotional songs sung by the parents. A skit was performed by the preschool children depicting the traditional customs associated with Vishu celebrations. The concept was explained by the Special Educators in Kannada, Hindi and Malayalam. All children were made to see ‘Vishukkani’ and they were given ‘Vishu Kaineetam’. Unniappam, the traditional prasada was served to all. The Director presided over the event.
3. **Independence Day Celebrations** were held on 15.8.2009. Staff, students of AIISH, children from preschool, caregivers were actively involved in the celebrations organized at the institute. The preschool children performed a dance to patriotic song and dressed like various freedom fighters. Students sang patriotic songs.
4. **Ganesh Chaturthi** was organized on 26.8.2009. Children from preschool, caregivers and staff were actively involved in the celebration of festival. Ms. Anjana K Special Educator coordinated the program.
5. **Onam Celebration** was organized on 7.9.2009. The highlight of the celebration included enacting the legend of ‘Mahabali’ by preschool children and performance of ‘Tiruvatirkkali’ (Onam dance) by the caregivers. Kheer was distributed to all present. The event was graced by faculty and staff. Special Educator Ms. Asha Kiran E.G. coordinated the program.
6. **Dasara Celebrations** was organizedon 30.9.2009. Children from preschool, caregivers and staff were actively involved in the celebration of festival. Special Educator Ms. Sumana H.P and Ms. Rasia N coordinated the program.
7. **Deepavali** was organized on 21.10.2009. The program included pooja in the beginning by a senior caregiver. Sweets distribution and lighting of fireworks added colour to the programme. Ms. P.V. Manjula coordinated the program.
8. **Bakrid** was celebrated on 25.11.2009. The celebrations included narration of the significance of the festival, as well as enacting the traditional customs observed in the celebrations. Preschool children performed some dances. Special Educator Ms. P.V Ramanakumari coordinated the program.
9. **International Day of Persons with Disabilities** was celebrated on 3.12.2009 and was coordinated by the Department of Special Education.
10. **New Year and Christmas celebrations** were organizedon 1.1.2010. Director and HOD Special Education commenced the celebrations by lighting the candles in the nativity crib that had been arranged. The significance of the events were brought out through various activities like enactment of the nativity scenes, narration about the birth of Christ, songs focusing on New Year and visit of Santa Claus. Heads and Staff of the departments of Audiology, Clinical Services and POCD graced the event. Special Educators Ms. Rasia N. coordinated the program.
11. **Sankranthi** was celebrated on 15.1.2010. Children from preschool, caregivers and staff were actively involved in the celebration of festival. Special Educator Ms. Latha C., Ms. P.V. Ramanakumari and Ms. P.V. Manjula coordinated the program.
12. **Republic Day Celebration:** Children from Preschool, caregivers, staff and students were actively participated in the event and presented an oration on the significance of the day, a patriotic song and 4 drill exercises with wands, dumbbells, lezimes and hoops. Special Educator Ms. Kumudha coordinated the program with active involvement of the caregivers. All staff and students of AIISH and caregivers were actively involved in organizing the events.
13. **FIELD VISITS**

* 25 children with caregivers and Special Educators visited Chamundi Hills on 13th May 2009.
* 40 children with caregivers and Special Educators visited Jayachamarajendra Zoological Gardens, Mysore on 19th May 2009.
* 25 children with caregivers and special educators visited Kaaranjikere on 1st October 2009.
* 20 children with caregivers and Special Educators visited major landscapes like Kuntibeetta and Balamuri on 23rd December 2009.

1. **LAURELS WON BY THE CHILDREN**

Preschoolchildren had participated in regional **Special Olympics** event organized by Bharat-Karnataka on 14th February, 2010 for the mentally challenged children. 53 children had participated in various track events and had won the following laurels

* Gold Medals: 16
* Silver Medals: 21
* Bronze Medals: 09
* IV Place: 07
* V Place: 05

1. **ORGANIZATION OF CAMPS** forman integral part of the co-curricular activities of the preschool. These camps endeavor to add to holistic development of children with special needs as well as enrich the latent talents of caregivers. The following camps were held during the year between April 2009 to March 2010.

* Dasara Vacation Camp was organized between 22nd September and 1st October 2009. 25 children with communication disorders participated in the program. Different activities like physical exercise, yoga, craft, dance, game, etc. were carried out. As part of the camp activities the children were also taken on out-door field trips.
* Summer Camp was conducted between from 1st to 30th May 2009. 53 children with communication disorders had participated in the program. Apart from usual activities like physical exercise, yoga, arts and craft activities, and dance; speech and language games were a highlight of this camp. The valedictory of the camp was held on 29th May with renderings from caregivers and cultural activities from the participating children. Director and HOD-Special Education, presided over the function, and other senior faculty of the Institute graced the occasion.

1. **NSS ACTIVITIES**

Ever since its introduction in the Institute, the NSS unit is involved in various activities with its imbibed aims and objectives. The programs within the Institute are tailored in such a way that the activities are in accordance with the objectives of the Institute without modifying the originality of the NSS motto. Even though the activities are few the quality and the impact of the programs on the society is highly satisfactory. They are as follows:

Dr. Sandeep M., Lecturer in Audiology, AIISH, took charge as the new Program officer on 10.9.2009. The activities began with an orientation program for the first year Bachelors’ and Masters’ students on 11.9.2009. A total of 170 students attended the orientation lecture and 160 enrolled into NSS for the year 2009-10.

This was followed by three Shramadhan activities on three consecutive Saturdays. The activities primarily involved making the target areas plastic free. The volunteers picked thrown away plastic on the roads and drainage and disposed them in the right way.

On 17.10.2009, a poster making competition was held across the four NSS groups with the theme of ‘Communicative Disability’. Two cash prizes were awarded for the best two performances.

On 25.10.2009, a fourth Shramadhan activity was conducted near the staff quarters of AIISH. Hundred students participated in the activity. This was appreciated by the faculty of AIISH as well as professors of Manasagangothri.

Ms. Priyashri, II M.Sc (Speech-Language Pathology) student and Ms. Sandhya II B.Sc. Student have written educative article on ‘Hazardous effects of plastic’, in English and Kannada, respectively. This is under review process and shall be published in reputed newspapers.

A Yoga camp was conducted for the NSS volunteers and staff of AIISH between 20.10.2009 and 20.11.2009 within the institute premises. The classes were conducted by Dr. G. Jayarama, Reader in Clinical Psychology, AIISH. Thirty five students attended and benefited from the program.

Students of I B.Sc (Speech and Hearing) who had difficulty in coping up with certain topics were given special coaching by senior meritorious students after the institute hours as part of NSS activities.

Ms, Anjali V. Bhat, I B.Sc (Speech & Hearing) student of AIISH bagged first prize in University evening college NSS intercollegiate folk song competition held on 6.3.2010.