

**Outpatient Visit Summary**

MID No	MID01.247340	Visit No	OP0140214
Patient Name	Mrs. PRAJILA KUMARI P	Visit Date	17-10-2022 10:16 AM
Age / Sex	45 Y / Female	Consultation	
Doctor Name	ALI FAIZAL	Department	Cardiology

Chief Complaints :

Exertional dyspnea class III
Palpitation
Non radiating chest pain

Vital Signs :

PR : 68.00 /min SBP : 120 mm Hg DBP : 80 mm Hg Temp : 97.6 °F Ht : 152 Cms Wt : 56 kg BSA : 1.55 m² BMI : 24.24 Kg/m²

Examination :

CVS - MDM +, opening snap + mitral area
Chest - Clear

Echo - RHD, Moderate to severe MS, Mild to moderate MR, No RWMA, Normal LV function, Mild PAH

Diagnosis

Rheumatic heart disease, Moderately severe Mitral stenosis, Mild to moderate Mitral regurgitation
NYHA, class - II

Medications :

#	Name	Dosage	Frequency	Route	Duration	Remarks
1	LASIX 40mg tab. Furosemide (40mg)	1 Tab	Once daily morning	Oral	Till Review	
2	PENTIDS 400mg tab. Penicillin-G (400,000IU)	1 Tab	Twice daily	Oral	Till Review	
3	ALDACTONE 25mg tab. Spironolactone (25mg)	1 Tab	Once daily noon	Oral	Till Review	

Recommendations / Advice :


Will need Elective MVR

To continue medical follow up

Low fat, low salt, diet

Review after 4 months with reports.

CBC, ESR, Urea, Creatinine, FBS, , Fasting lipid profile, SGOT, SGPT, Potassium, Sodium, TSH, Uric acid


In case of emergency, please contact 9393108108 OR attend nearby hospital.

